



Back to Action

PHYSICAL THERAPY

*Advanced, one-on-one
care for optimal health*



Clinical Director, **Ronald Sibayan, P.T.**

Ronald Sibayan has been a Physical Therapist for over 15 years. He has been fascinated by the human anatomy and body functions since he was in his elementary years. His parents were both nurses and exposed him to the world of healing patients at an early age. His interest in physical rehabilitation began when his mother introduced him to the field of physical therapy after he graduated from high school.

Ronald graduated from Pines City Colleges in the Philippines in 1996 with a Bachelor of Science in Physical Therapy. After acquiring his PT license, he went to work at Baguio General Hospital and Medical Center in the Philippines as the Senior Physical Therapist. He served the indigent people of the local and nearby provinces for nine years. Ronald worked in very close proximity with orthopedic doctors, neurosurgeons, a physiatrist and resident doctors, including his own PT Staff and PT Interns, in the rehabilitation of their patients. He supervised and gave his staff and interns monthly in-services and improved his own skills in many areas, including the treatment of patients with Spinal Cord Injury, Peripheral Nerve Injury, Stroke, Neuro Developmental Delays and Orthopedics.

In December of 2005, Ronald immigrated to the United States and moved to Harlingen. Upon acquiring his physical therapy license, he started working at an outpatient physical therapy clinic as a Physical Therapist and a Clinic Director. Two and a half years later, he was assigned to do home health physical therapy with BRM Home Health, where he had wonderful experiences working with the mainly geriatric population in their homes. The home health physical therapy practice offered him an abundance of great opportunity in seeing and treating various geriatric and pediatric patients with orthopedic, neuromuscular and neurologic conditions, as well as visiting new places in the Rio Grande Valley. Ronald has gone to multiple continuing education seminars pertinent to advanced treatment techniques in orthopedics, geriatrics and neuromuscular injuries during his four and a half years of home health physical therapy practice.

Ronald is steadfast in providing the highest quality of care in his practice and has found that he can achieve this with Back to Action Physical Therapy. On October 29, 2012 he moved to Brownsville and took a position as a Physical Therapist and Clinic Director, where he is able to be more engaged with decision-making regarding improving care for his patients.

Ronald has always loved cycling, running and swimming and continues to be active in these sports.