



# Back to Action

## PHYSICAL THERAPY

*Advanced, one-on-one  
care for optimal health*



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### President, CEO

## **Brett Tice, D.P.T.**

Brett Tice has been a Physical Therapist for 15 years. He graduated from Oklahoma University in 1997 with a BS in Physical Therapy. He is certified as an ergonomist and Functional Capacity Evaluations, and completed his doctorate in Physical Therapy in 2010.

Brett was very active in athletics in high school, and after graduation, he continued his love of athletics with body building. He enrolled in the local junior college in Tulsa, Oklahoma, with no clear goal in mind.

Tragedy struck Brett's family in 1993, when his sister-in-law was hit by a drunk driver. During her long recovery, Brett listened with interest as she described the details of all the physical therapy she was receiving. The similarities between body building and rehabilitation piqued his interest, and he volunteered with a number of Physical Therapists to learn more. Consequently, he changed his major to Physical Therapy, and in 1995, he was admitted to Oklahoma University, one of the top ten PT schools in the nation.

Brett's penchant for management, as well as his entrepreneurial spirit, both showed up quickly in his new career as a Physical Therapist. His first job was at Brownsville Medical, and within six months, he was promoted to Director of Rehab. Over the next few years, he became the director of three outpatient clinics for a private practice, and was then hired as a practice manager for a large, multi-faceted practice.

Brett's experience as a director and clinic manager provided him with the qualifications and incentive to open his own clinics. Since 2001, Brett has opened 7 Back To Action Clinics, as well as two children's clinics.

Brett is dedicated to his profession. He served as a state delegate to the APTA for 6 years. He also served as president of the South Texas District and was on the state board of the TPTA in 2010 and 2011. Brett remains committed to providing the best physical therapy experience with the highest quality of care for optimal results at all of his clinics.